

## Stage 3 – 50m / Relay Littleover to Kirk Langley Distance 10 miles

1. Leave Checkpoint 2 and keep on the **LEFT-HAND** pavement of **HOLLYBROOK WAY** heading **N-W** towards the main road and a mini roundabout.

***CROSS OVER THE MAIN ROAD CAREFULLY TO THE LEFT SIDE OF THE ROUNDABOUT.*** Stay on the **LEFT-HAND** pavement of the A-road until a **LEFT-HAND** junction with **HAVEN BAULK LANE** is reached. Turn **L** here and stay on the **LEFT-HAND** pavement of **HAVEN BAULK LANE**.

2. ***HAVEN BAULK LANE MUST BE CROSSED AT AN APPROPRIATELY SAFE POINT SOMETIME BEFORE THE BIG ROAD BRIDGE IN THE DISTANCE.*** Stay then on the **RIGHT-HAND** pavement under the road bridge, go round a **RIGHT-HAND** bend, under another road bridge and up to a T-junction with **BROADFIELD WAY /HEDINGHAM WAY**.

3. At the T-junction ***CAREFULLY*** cross straight over **BROADFIELD WAY** onto the opposite pavement, turn **L** and stay on the **RIGHT-HAND** pavement of **HEDINGHAM WAY**, following it around a **RIGHT-HAND** bend and up to a T-junction with **ETWALL ROAD**.

4. Cross ***CAREFULLY*** straight over **ETWALL ROAD** to the pavement on the opposite side, turn **L** and stay on the **RIGHT-HAND** pavement to join and then take the **RIGHT-HAND** (third) exit from the roundabout onto **LADYBANK ROAD**. Follow **LADYBANK ROAD** for approx. 0.4 mile firstly staying on the **RIGHT-HAND** pavement until a minor road junction, at which point cross ***CAREFULLY*** to the other side of **LADYBANK ROAD** and then keep on the left hand pavement until the junction with **GREENSIDE COURT**. Turn **L** down **GREENSIDE COURT** and follow it to its end and then take the path on the **LEFT-HAND** side of the dead end.

5. The path climbs gently then descends towards an old railway line, now a cycleway
6. Turn **L** along cycle path, follow through 3 pairs of gates, under **BADGER BRIDGE**, over two roads for about 2.2 miles before turning **UP THE STEPS** on the **R** by the side of the second bridge.
7. Turn right at the top, through a wooded patch for a few yards before emerging onto open fields. Go straight on **(DN)** with the hedge on your **R**, aim for **RH** corner **(DN)**. Head up fence left hand side, **TURN RIGHT AFTER 100 M** or so through a gap in hedge **(SC ON BROKEN FENCE)** aim for large tree/s left diagonally across field, go around depression and head to gap in hedge. Cross one field with obvious path and then footbridge into grassy field. Aim diagonally across in direction of **DN arrow**, following a faint path to right hand edge of group of trees. Follow fence round wood edge, **(TOM, DICK, HARRY SIGN)** to stile **(DN)**. There is no path in this field, go up **L** side by ditch on faint rough path or tractor path, turning **R** at the top on a more obvious tractor path. After about 60m cross the sturdy footbridge over the brook on the **L**, which is hidden in the trees and vegetation. **(DN)** Follow the path **half-right** to the hedge and proceed **North** with hedge on **R**, **IGNORING THE DN SIGN INTO THE CHURCHYARD AT DALBURY** and continuing to the muddy road.
8. Cross straight over the track, taking the unusual stile to right of the gate. Follow the farm track slightly **R** to a second stile, go straight ahead between the farm buildings to a metal gate with a third stile on its **R**. Go **half-right** across this field aiming for a gate in the top right-hand corner **(DN)**. Follow the faint path diagonally **R** towards the hedge, which you follow to its end. Continue on the path aiming middle emerging onto the road by a stile **(DALBURY HOLLOW)** **(DN)** (Gate 20yds to left if stile too overgrown). Turn **L** for a few yards then right up the **ROOK HILLS FARM ROAD (DN)**

9. Follow the path to the buildings then **TURN R BEFORE THE 1<sup>ST</sup> CATTLE SHED MARKED DN**. Head up to gate left secured by a chain and clip, **MAKE SURE THAT IT IS SECURELY FASTENED BEHIND YOU**. Continue **North** by the hedge, keep hedge on **RH** side and pass sloping tree, head downhill towards a large Oak halfway along the **Right-hand** hedge, where you find a gate behind it, climb over this gate **(DN)**. Cross the field following edge tractor marks along and mid right, aiming for the top of the hedge and a footbridge hidden between two tall trees. **(DN)**

Next field head diagonal up with tree centre, Gate in right top corner of field. Exit onto a minor road.

10. Cross the road to a stile and footpath sign slightly **L (DN)** following path diagonally left towards two large trees to a stile into a horse paddock

Cross paddock to stile, continue across farm track and up small path with hedge on **R**. After 70 m a **DN** arrow on large tree point the way through a gap in the hedge **R**, onto a very overgrown path. Go through all the vegetation on the not-quite-wide-enough path. (there is an option to continue further on the field and not enter the narrow past until the gas post). Past a high gas post continue still you turn right gate in hedge **(DN)** exists.

11. Go diagonally across the field, to a stile in opposite hedge **(DN)** Continue in the same direction passing the right hand side of the farm buildings and roofing in field to a stile **(DN)** by two trees close together. Follow the direction of the arrow **half-right** to a sunken gate in the R-hand hedge **(DN)**

In front of you three groups of hawthorn mark a pond, Go round the right hand side then head half-right to what looks like a gap in the hedge but is in fact another gate **(DN, AV9, BPCW)**. **THE DIRECTION OF THE DN ARROW IS NOT QUITE CORRECT.** Aim **E** just to the **R** of a prominent hawthorn tree, slightly **R** of straight ahead, in the direction of **FOXFIELDS FARM**, then downhill to a footbridge in the hedge 50m to the left of a pillbox.

12. Aim slightly **R** to a footbridge to **L** of tall tree (**DN**), Cross new plantation into field of wheat and follow hedge round to right. A footbridge is hidden in the second hedge (**DN**). Cross footbridge. Go diagonal across field past the **L** of the pylon to the corner tree and turn **R** with it downhill. There is a fence to cross at the bottom of the hill on the **R** (**DN**). Climb the fence and turn immediately **L** to a possible metal gate to climb and tractor track (**DN**). As it peters out aim up the hill to the gate at the right-hand corner of **FOXFIELDS FARM**, where you join the road (**DN**)

13. **CAREFULLY** turn **R** on the minor road and stay on it for 0.4m, passing **CORNER FARM** until taking a **L** turn onto a path going **N** through an overgrown but passable wooded area opposite the road junction where a minor road joins from the **R** (**DN, AV9**).

14. Once through the wooded area go through a gate (**DN**) then go straight ahead to a gate (**DN**). Aim to the right corner stile, another stile in small field gap in hedges. The clear path crosses 2 more field in a **N** direction, take the corner ahead through trees to emerge final crop field before a minor road (**LONG LANE**) is crossed **CAREFULLY**

15. Cross road immediate stile opposite. Keep heading roughly **N** over a further 3 fields with the hedge on your left, slightly uphill. Do not go through the open gate in front but head to the **DN** sign on the fence to the right of it. Turn **R**, with the hedge on your **L** heading past a pond and down to a stile (**DN**) in a **S-E** direction over. Follow the path between hedges at first and then diagonally **R** across the grassy field to arrive near a road junction at **SK290379**. Go right, cross **LONG LANE** **CAREFULLY** and use the pavement along the road signposted **MICKLEOVER** and **DERBY** for 150 yards before arriving at Checkpoint 3, **BLUE BELL INN CAR PARK**.