

## LONG EATON 50 STAGE DESCRIPTIONS

### General Points

Places with known Navigational difficulties are **highlighted**

The following abbreviations are used

Way marked routes:

**DN – Derby Nomad Way sign (black direction arrow on yellow background)**

**MS – Midshires Way (black writing on white background)**

**AV9 etc – Amber Valley district walks**

**BPCW – Bonnie Prince Charlie Way**

**A – Arrow indicating the direction.**

**2, 4, 19 etc – Number of circular walk in Erewash.**

**(0.7m, 1.8m cum) – length in miles of section in text and cumulative distance from start of stage) approximately.**

**Names of roads etc may not be visible, they are given for reference in case you get lost.**

**Using the directions in combination with the strip maps is best.**